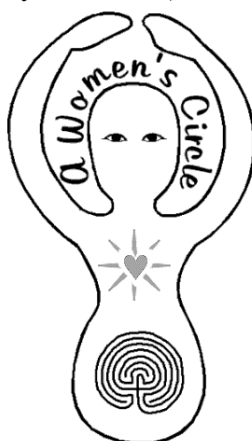


*An invitation to begin a journey into the heart of healing...*

## **CARING FOR You, THE CAREGIVER**

**Saturday April 14, 2007 9-5 pm**

- **A ONE-DAY GATHERING** that will give you a well-deserved mini-vacation and the support you need in caring for an aging family member... Doesn't matter if you're in it 24/7, just beginning, or someplace in between.
- **There's ceremony and tools to help you transition into the wise woman you are becoming in this journey.**



- **We'll form a sisterhood of like-minded women, and have fun!**
- **This sharing circle provides a safe place to speak your heart, air concerns and help turn the often frustrating caregiving journey into an uplifting experience.**
- **Can't get away? We'll help you find affordable respite care.**

*Old Hampden Holistic Center  
3501 S. Corona St., #1, Englewood, Co. 80113  
To Register and get more information  
Call or email Andrea Lord at 303-343-4114  
awomenscircle@yahoo.com*

*Cost: \$95.00 for the day (with lunch and snacks, yum)*